








# October 2009



Manhattan

K-6 TRADITIONAL



Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Parmteam</b></p>	 <p><b>Teriyakiteam</b></p>	 <p><b>Pizzateam</b></p>	<p>1</p> <p><b>CHEESEBURGER</b></p> <p>Corn Fresh Banana^ Pickle Chips</p>	<p>2</p> <p><b>PEPPERONI PISA PIZZA</b></p> <p>Fresh Baby Carrots Peach Cup Mini Pretzels</p>
<p>5</p> <p><b>CHICKEN TENDERS W/POTATO WEDGES</b></p> <p>Frozen Juice Bar Chocolate Chip Muffin</p>	<p><b>NEW</b> 6</p> <p><b>TURKEY TACO MEAT</b></p> <p>Fiesta Corn Fruited Gelatin Tortilla Rounds (Whole Grain) Fiesta Sprinkle Cookie</p>	<p>7</p> <p><b>SALISBURY STEAK WITH GRAVY</b></p> <p>Mashed Potatoes Pear Cup Wheat Bread</p>	<p>8</p> <p><b>PIZZA DIPPERS</b> Marinara Dipping Sauce</p> <p>Tossed Salad Fresh Apple^ Double Fudge Cookie</p>	<p>9</p> 
<p>12</p> <p><b>Columbus Day</b></p> 	<p>13</p> <p><b>CHICKEN NUGGETS W/ POTATO ROUNDS</b></p> <p>Cherry Juice Bar Honey Wheat Pretzels (Multi Grain)</p>	<p>14</p> <p><b>BEEF BAGEL DOG</b></p> <p>Potato Wedges Fresh Pear^</p>	<p>15</p> <p><b>CREAMY CHICKEN PASTA</b></p> <p>Garden Green Peas Fresh Apple^ Garlic Bread</p>	<p>16</p> <p><b>PIZZA DIPPERS</b> Marinara Dipping Sauce</p> <p>Fresh Broccoli Strawberry Applesauce</p>
<p>19</p> <p><b>MINI CORN DOGS W/ HASH BROWNS</b></p> <p>Blue Raspberry Juice Bar Vanilla Cupcake</p>	<p>20</p> <p><b>LOW FAT TOASTED CHEESE ON WHEAT</b></p> <p>Green Beans Cinnamon Applesauce Multi Grain Sun Chips</p>	<p>21</p> <p><b>MEATBALL SUB</b></p> <p>Corn Fresh Banana^</p>	<p>22</p> <p><b>FRENCH BREAD PEPPERONI PIZZA</b></p> <p>Tossed Salad Pear Cup</p>	<p>23</p> <p><b>BREADED CHICKEN FILLET</b></p> <p>Chopped Broccoli w/Cheese Fresh Orange^ Mini Pretzels</p>
<p>26</p> <p><b>FRENCH TOAST STICKS W/SAUSAGE</b></p> <p>Potato Stixs Frozen Juice Bar Chocolate Chip Pumpkin Muffin</p> <p><b>NEW</b></p>	<p>27</p> <p><b>CHICKEN PARMESAN</b></p> <p>Mashed Potatoes Pear Cup</p>	<p>28</p> <p><b>SPAGHETTI W/MEAT SAUCE</b></p> <p>Garden Vegetables Fresh Pear^ Soft Breadstick</p>	<p>29</p> <p><b>POPCORN CHICKEN W/POTATO SMILES</b></p> <p>Cinnamon Apples Fall Cookie</p>	<p>30</p> <p><b>CHEESE PISA PIZZA</b></p> <p>Celery Sticks Peach Cup Strawberry Yogurt</p>

## National School Lunch Week

\*\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.



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