



# February 2012




Manhattan



Preferred Meal Systems, Inc.

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4-12 T (LNJH)

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>PENNE PASTA W/MEAT SAUCE(WHOLE WHEAT)</b> Green Garden Peas Fresh Pear Soft Breadstick	<b>CHARBROILED HAMBURGER</b> Potato Rounds Fresh Banana Whole Wheat Hamburger Bun Cheddar Goldfish Crackers	<b>BEEF SAUSAGE PIZZA (WHOLE WHEAT)</b> Fresh Baby Carrots Peach Cup Mini Pretzels
<b>MINI CORN DOGS W/POTATO FUN SHAPES</b> Pineapple Cup PopCorners	<b>MACARONI &amp; CHEESE (WHOLE WHEAT)</b> Garden Vegetables Peach Cup Garlic Bread	<b>HOMESTYLE SALISBURY STEAK W/GRAVY</b> Mashed Potatoes Fresh Pear Whole Wheat Hamburger Bun	<b>CRISPY CHICKEN FILLET (WHOLE GRAIN)</b> Green Garden Peas Fresh Orange Whole Wheat Hamburger Bun Lemon Cookie	<b>CHEESE PISA PIZZA</b> Mixed Greens Salad Grape Juice Vanilla Cookie
<b>FRENCH TOAST STICKS W/SAUSAGE</b> Potato Rounds Orange Juice Oatmeal Cookie	<b>BAKED CHICKEN NUGGETS(WHOLE GRAIN)</b> Maple Baked Beans Bonzi Blueberry Applesauce (All Natural) Valentine's Day Cookie	<b>HOT DOG FRENCH FRIES</b> Fresh Banana Whole Wheat Hot Dog Bun Honey Wheat Pretzels	<b>CHEESE PIZZA DIPPERS</b> Marinara Dipping Sauce Fresh Baby Carrots Pineapple Cup Goldfish Crackers	<b>SWEET &amp; SOUR BROWN RICE BOWL W/CHICKEN</b> Fresh Orange Corn Muffin
 <b>President's Day</b>	<b>HOMESTYLE CHILI W/BEANS</b> Whole Kernel Corn Cherry Frozen Juice Bar WG Tortilla Rounds	<b>TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD</b> Tomato Soup Peach Cup	<b>CHICKEN TENDERS (Whole Grain) W/POTATO WEDGES</b> Fresh Apple Fritos	<b>CHEESE PISA PIZZA</b> Fresh Baby Carrots Pear Cup
<b>POPCORN CHICKEN W/POTATO FUN SHAPES</b> Apple-Cranberry Juice Oatmeal Cookie	<b>SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE</b> Green Garden Peas Mixed Fruit Cup Garlic Bread	<b>BAGEL DOG</b> Potato Wedges Fresh Pear		

\*\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

\*\*\*MENU SUBJECT TO CHANGE.



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