



February 2012

Manhattan



Preferred Meal Systems, Inc.

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K-6 T (LN)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 PENNE PASTA W/MEAT SAUCE(WHOLE WHEAT) Green Garden Peas Fresh Pear Soft Breadstick	2 CHARBROILED HAMBURGER Potato Rounds Fresh Banana Whole Wheat Hamburger Bun	3 BEEF SAUSAGE PIZZA (WHOLE WHEAT) Fresh Baby Carrots Peach Cup
6 MINI CORN DOGS W/POTATO FUN SHAPES Pineapple Cup PopCorners	7 MACARONI & CHEESE (WHOLE WHEAT) Garden Vegetables Peach Cup Soft Breadstick	8 HOMESTYLE SALISBURY STEAK W/GRAVY Mashed Potatoes Fresh Pear Whole Wheat Hamburger Bun	9 CRISPY CHICKEN FILLET (WHOLE GRAIN) Green Garden Peas Fresh Orange Whole Wheat Hamburger Bun	10 CHEESE PISA PIZZA Mixed Greens Salad Grape Juice
13 FRENCH TOAST STICKS W/SAUSAGE Potato Rounds Orange Juice	14 BAKED CHICKEN NUGGETS(WHOLE GRAIN) Maple Baked Beans Bonzi Blueberry Applesauce (All Natural) Valentine's Day Cookie	15 HOT DOG FRENCH FRIES Fresh Banana Whole Wheat Hot Dog Bun	16 CHEESE PIZZA DIPPERS Marinara Dipping Sauce Fresh Baby Carrots Pineapple Cup	17 SWEET & SOUR BROWN RICE BOWL W/CHICKEN Fresh Orange Corn Muffin
20  President's Day	21 HOMESTYLE CHILI W/BEANS Whole Kernel Corn Cherry Frozen Juice Bar WG Tortilla Rounds	22 TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD Tomato Soup Peach Cup	23 CHICKEN TENDERS (Whole Grain) W/POTATO WEDGES Fresh Apple	24 CHEESE PISA PIZZA Fresh Baby Carrots Pear Cup
27 POPCORN CHICKEN W/POTATO FUN SHAPES Apple-Cranberry Juice	28 SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE Green Garden Peas Mixed Fruit Cup Soft Breadstick	29 BAGEL DOG Potato Wedges Fresh Pear		

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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