








January 2010



Manhattan

K-6 TRADITIONAL

| Monday | Tuesday | Wednesday | Thursday | Friday |
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|  | |  | |  |
| 4 HOMESTYLE CHILI Potato Fun Shapes Orange Juice Bar Tortilla Rounds (Whole Grain) | 5 CHICKEN TENDERS Baked Beans Mixed Fruit Cup Corn Muffin Mozzarella String Cheese |  6 TEX MEX TURKEY RICE BOWL Fiesta Corn Pineapple Cup Tortilla Rounds (Whole Grain) | 7 PIZZA DIPPERS Marinara Dipping Sauce Tossed Salad Fresh Apple^ Multi Grain Sun Chips | 8 BREADED CHICKEN FILLET Mashed Potatoes Fresh Orange^ Lemon Creme Cookies |
| 11 TOASTED CHEESE SANDWICH Tomato Soup w/ Noodles Blue Raspberry Juice Bar Mini Pretzels | 12 MINI CORN DOGS W/POTATO FUN SHAPES Peach Cup Cool Ranch Doritos | 13 TERIYAKI MEATBALLS W/RICE Garden Green Peas Wheat Bread Applesauce Cup Vanilla Yogurt | 14 CHICKEN PARMESAN Green Beans Fresh Banana^ | 15 FRENCH BREAD PEPPERONI PIZZA Fresh Baby Carrots Fresh Pear^ Apple Oatmeal Cookie  |
| 18 Martin Luther King Jr. Observed  | 19 CHICKEN TENDERS W/ POTATO WEDGES Cherry Juice Bar Chocolate Cupcake | 20 SMOKED BEEF SAUSAGE WITH POTATO ROUNDS Peach Cup Low Fat Baked Cheetos | 21 HAMBURGER Corn Fresh Pear^ Pickle Chips Apple Cinnamon Multigrain Mini Crisp | 22 CHEESE PISA PIZZA Fresh Baby Carrots Sliced Apples Carmel Dipping Sauce Honey Wheat Pretzels (Multi Grain) |
| 25 TACO "HOT POCKET" Corn Sour Apple Juice Bar Carrot Muffin | 26 CHICKEN NUGGETS W/ POTATO ROUNDS Applesauce Cup | 27 CREAMY CHICKEN PASTA Garden Green Peas Pineapple Cup Soft Breadstick | 28 SLOPPY JOE Mashed Potatoes Fresh Banana^ Pickle Chips Double Fudge Cookie | 29 PIZZA DIPPERS Marinara Dipping Sauce Tossed Salad Fresh Orange^ |

***ALL MEALS SERVED WITH APPROPRIATE BUNS, CONDIMENTS AND A CHOICE OF MILK. *MENU SUBJECT TO CHANGE.



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